

## Treatments - Worksheet 2 - Punishment or Games?

The revolving chair was used before 1821. The patient was twirled round very fast often with terrible effects. Just the mention of it was enough to quieten people. Compare it with the 'moral treatment' of the 1860's and answer the following questions:



- Imagine you are a patient in the asylum who has been put in the revolving chair and are writing a letter home to your husband describing what happened: You can use the questions to help you:

***Dear Albert***

*I have been here for two weeks now.....*

- What happened to make the staff put you in the chair?
- How did you feel as you were waiting to go on?
- What was it like in the chair?
- Was it painful?
- How did you feel when you came off?
- Did you act differently in the days after the treatment?

***From Sarah***

- Fill in the table below using the sources to find out what activities the asylum provided and the reason for using it:

Activity	Reason
1.	
2.	
3.	
4.	
5.	